






OCTOBER 2021

Ho'okele Elementary School Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1. Cinnamon Roll Fruit Juice, Pears</p> <p>Roast Turkey W/Gravy Mash Potatoes, Baby Carrots, Pears</p>
<p>4. Country Gravy Pizza Pine Chunks, Craisins</p> <p>Beef Patty W/Gravy Rice, Steamed Veggies Peaches</p>	<p>5. Plain Bagel W/Cream Cheese Orange, Diced Pears</p> <p>Spaghetti W/Meat Sauce Green Salad, Edamame Applesauce</p>	<p>6. Chicken Sausage Patty W/Rice Mixed Fruits, Fruit Juice</p> <p>Chicken Mozzarella Sandwich, Emotion Potatoes Marinara Sauce, Apple</p>	<p>7. Cereal W/Toast Applesauce, Apple</p> <p>Cheese Bites Veggie Sticks, Marinara Sauce, Fruit Slushie</p>	<p>8. Fruited Muffin W/Turkey Ham Fruit Juice, Peaches</p> <p>Baked Chicken, Rice Green Salad, Baby Carrots Celery, Fruit Juice</p>




OCTOBER 11 - 15

Happy Fall

<p>18. French Toast Sticks W/Syrup Fruit Juice, Pine Chunks</p> <p>Cheese Burger Tater Tots, Coleslaw, Baked Beans, Mixed Fruits</p>	<p>19. Breaded Chicken Patty W/ Rice, Craisins, Peaches</p> <p>Tuna Sandwich W/Corn Chowder, Green Salad, Tomato, Edamame, Slushie</p>	<p>20. Cereal W/Toast Diced Pears, Apple</p> <p>Beef Chili Nachos Steamed Veggies Fruit Juice</p>	<p>21. Pizza Bagel Mixed Fruits, Fruit Juice</p> <p>Tasty Chicken Tenders Rice, Green Salad, Veggie Sticks, Applesauce</p>	<p>22. Coffee Cake W/Turkey Ham Orange, Apple Chips</p> <p>Kalua Pork W/Cabbage Rice, Diced Tomato Pine Chunks</p>
<p>25. Cereal W/Toast Applesauce, Fruit Juice</p> <p>Breaded Chicken Tenders Rice, Steamed Veggies Apple Chips</p>	<p>26. Portuguese Sausage W/Rice Apple, Pine Chunks</p> <p>Sloppy Joe Wedge Fries, Green Salad Slushie</p>	<p>27. Mini Pancakes Mixed Fruits, Craisins</p> <p>Mac & Cheese Asian Slaw, Baby Carrots Baked Beans, Orange</p>	<p>28. Cheese Bites Orange, Apple Chips</p> <p>Pepperoni Pizza Green Salad, Veggie Sticks, Hummus, Fruit Juice</p>	<p>29. Cinnamon Roll Fruit Juice, Diced Pears</p> <p>Roast Turkey W/Gravy Mash Potatoes, Baby Carrots Diced Pears</p>

Each Meal comes with a choice of 1% White Milk or Chocolate Skim Milk
 MENU'S SUBJECT TO CHANGE WITHOUT NOTICE
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

