

A daily breakfast choice of yogurt or cereal toast and fruit is offered daily.



# October 2019





**Breakfast: \$1.10**

\*Menu subject to change

\*All meals include a choice of

Half-Pint 1% or Chocolate Skim Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> Chicken Patty, Rice Orange Juice  <i>Offer:</i> Strawberries 	<b>2</b> Fruit Yogurt Bowl w/Granola Toast  <i>Offer:</i> Apple Juice 	<b>3</b> Coffee Cake Peaches  <i>Offer:</i> Orange Wedge 	<b>4</b> Cinnamon Raisin Bagel w/ Cream Cheese & Apple Sauce  <i>Offer:</i> Apple Wedge 
7	8	9	10	11
				
<b>NO SCHOOL</b>				
<b>14</b> Turkey Egg Sliders Peaches  <i>Offer:</i> Orange Wedge 	<b>15</b> Cinnamon Roll Banana  <i>Offer:</i> Orange Wedge 	<b>16</b> Ham and Cheese Roll Mixed Fruit  <i>Offer:</i> Apple Wedge 	<b>17</b> Fried Rice, Pineapple Portugese Sausage  <i>Offer:</i> Apple Wedge 	<b>18</b> Applesauce Muffin Pineapple Juice  <i>Offer:</i> Strawberries 
<b>21</b> Pepperoni Pizza Stix Pineapple  <i>Offer:</i> Apple Wedge 	<b>22</b> Fried Rice, Pineapple Portugese Sausage  <i>Offer:</i> Apple Wedge 	<b>23</b> Pig In a Blanket Pineapple Juice  <i>Offer:</i> Orange Wedge 	<b>24</b> Papaya Bread Power Punch Juice  <i>Offer:</i> Strawberries 	<b>25</b> Pork Sausage Patty Rice, Peaches  <i>Offer:</i> Apple Wedge 
<b>28</b> Pizza Bagel Peaches  <i>Offer:</i> Apple Wedge 	<b>29</b> Breakfast Chicken Pattie Power Punch Juice  <i>Offer:</i> Orange 	<b>30</b> Cinnamon Roll Pineapple Juice  <i>Offer:</i> Orange Wedge 	<b>31</b> Bagel w/Cream Cheese Orange Wedge  <i>Offer:</i> Apple Wedge 	

*"This institution is an equal opportunity provider"*















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**Lunch: \$2.50**

\*Menu subject to change

\*All meals include a choice of  
half pint 1% or Chocolate Skim Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> Nachos, Veggie Sticks w/Dip Spinach Romaine Salad  <i>Offer:</i> Strawberries	<b>2</b> Hot Turkey Sandwich Whipped Potatoes  <i>Offer:</i> Carrots, Edamame Orange Wedge	<b>3</b> Popcorn Chicken, Rice Apple wedge  <i>Offer:</i> Corn and Carrots	<b>4</b> Kalua Pork and Cabbage Rice  <i>Offer:</i> Lomi Tomato, Pineapple
7	8	9	10	11
<b>14</b> Hot Dog Season Fries  <i>Offer:</i> Veggie Sticks, Fruit Slush  	<b>15</b> Chicken Patty Sandwich Apple  <i>Offer:</i> Baked Beans Vegetable Sticks  	<b>16</b> Beef Stew, Rice  <i>Offer:</i> Broccoli, Corn Watermelon  	<b>17</b> Roast Pork, Rice Orange  <i>Offer:</i> Corn, Rainbow Salad  	<b>18</b> Korean Chicken, Rice Apple Wedge  <i>Offer:</i> Carrots, Edamame Spinach Romaine Salad
<b>21</b> Hamburger Steak Whipped Potatoes, Roll  <i>Offer:</i> Corn, Carrots Watermelon  	<b>22</b> BBQ Pork Sandwich Season Fries  <i>Offer:</i> Coleslaw Pineapple	<b>23</b> Sweet and Sour Pork Rice, Power Punch Juice  <i>Offer:</i> Rainbow Salad, Edamame  	<b>24</b> Cheese Pizza Orange Wedge  <i>Offer:</i> Veggie Sticks Spinach Romaine Salad  	<b>25</b> Asian Style Chicken Rice, Apple Wedge  <i>Offer:</i> Carrots Edamame  
<b>28</b> Chicken Patty w/Gravy Rice, Apple Wedge  <i>Offer:</i> Broccoli Carrots  	<b>29</b> Spaghetti w/Meat Sauce Peaches  <i>Offer:</i> Vegetable Sticks w/Dip Spinach Romaine Salad  	<b>30</b> Hamburger, Fries  <i>Offer:</i> Orange Wedge Veggie Sticks w/Hummus  	<b>31</b> Chicken Broccoli, Rice  <i>Offer:</i> Corn and Mixed Fruits  	

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